



*PGA*  
*at Massanutten*<sup>®</sup>



# MESSAGE

Massanutten Signature Massage

# BODY TREATMENTS & MASSAGE

## **Aloe Vera Hydrating Body Wrap & Massage**

\$135 | 60 minutes - This versatile treatment contains aloe vera juice and glycerin which hydrates and heals dry stressed skin. Includes a 30 minute Swedish Massage.

## **Organic Lavender or Coconut Lime Body Scrub**

\$145 | 60 minutes - Shea butter sea salt scrub offers an exfoliating treatment for the hands, feet, and body, removing dull dry skin leaving a natural glow. Followed up with shea butter cream leaving the skin smooth, soft, and hydrated. Excellent for sun damaged and dehydrated skin. The aromas are divine. Peppermint lime stimulates the senses, Lavender calms the senses. It's your choice!

## **Massage Enhancements**

*Our enhancements allow you to experience even more during your service time.*

**Tea Tree Scalp Massage** | \$20

**Cold Stone Face Massage** | \$15

**Static Stretching** | \$15 - Increases muscle control, flexibility, and range of motion.

**Reflexology** | \$15 - An application of pressure on certain parts of the foot to produce an effect elsewhere in the body.

**Face & Scalp** | \$15 - This focused massage can impact your entire nervous system leaving you re-energized from head to toe.

**PureWave Massager** | \$15 - Featuring cutting-edge percussive therapy. Unparalleled performance designed to rejuvenate your muscles, alleviate pain, and get you back to life.

**Magnesium** | \$20 - The body uses magnesium to help with many important body processes from regulating muscle and nerve function, to helping to manage blood sugar. Getting a massage with magnesium cream targets those sore and aching muscles directly, resulting in a faster absorption into the body and a faster recovery.

**CBD Oil** (Cannabidiol) | \$20 - May help reduce muscular pain and inflammation.

**Peppermint Foot Scrub** | \$20

**Peppermint Back Scrub** | \$20

**Gliding Cupping** | \$20

These options can be added to any massage service or pairing. You may choose to add-in multiple enhancements during your massage. Please let us know upon making your reservation or advise your therapist.

# NATURAL NAIL CARE

## **Massanutten Spa Pedicure** | \$60

Includes unscented jetted foot soak, unscented foot scrub, lower leg, and foot massage with unscented butter cream or lotion, cuticle and nail care.

## **Massanutten Spa Gel Pedicure** | \$75

## **Massanutten Spa Manicure** | \$50

Includes unscented hand scrub, hand massage, cuticle, and nail care.

## **Massanutten Spa Gel Manicure** | \$65

## **Gel Polish Removal** | \$15

## **Nail Enhancements**

**Hot Stones** (pedicure only) | \$15



# SKIN CARE

## Massanutten Classique Facial

\$145 | 60 minutes - Skin is refreshed and detoxed with a double cleanse, double exfoliation, and a clay masque. For normal, dry, oily, acneic, or mature skin.

## Advanced Optimizer Firming Facial

\$150 | 60 minutes - Firms, stimulates, and strengthens the skin. Features a rosemary firming treatment and marine collagen masque. For mature and dry skin types.

## Hydralessance Facial

\$145 | 60 minutes - An ultra-hydrating, refreshing facial to control the effects of extreme moisture loss. For dry and de-hydrated skin.

## Sensitive Skin Facial

\$145 | 60 minutes - This calming, soothing treatment is for sensitized skin or ruddy complexions. For sensitive, rosacea, and hyper-reactive skin.

## Dermaplaning Custom Facial

\$145 | 60 minutes - Our dermaplaning custom facial includes the deep exfoliation of dermaplaning followed by a custom facial tailored to your skin's needs. Your skin will be smooth and glowing, almost flawless!

## Back Facial

\$145 | 60 minutes - Our back is notoriously hard to truly clean and exfoliate. This treatment will target a variety of skincare needs on your back, such as clogged pores, back acne, dry and dehydrated skin.

## Vitamin C Facial

\$165 | 60 minutes - This new facial enhances radiance, combats aging, and evens out skin tone in ten main steps. At the intersection of medicine and spa treatments, it perfectly combines effectiveness and sensory appeal.

## Yon-Ka Skin Care

*Visible results with  
a healing touch.*

## Facial Enhancements

**Hydrating Aloe Mask** | \$10 • **Additional Extractions** | \$15 • **Lip Exfoliation** | \$15

**High Frequency** | \$20 - *This treatment oxygenates the skin, increases circulation, brightens, and evens out skin tone. For all skin types.*

**Gua Sha Jade Massage** | \$20 - *This enhancement uses a cool, flat, Jade stone to massage the face and neck. Releases tension and tones the skin.* • **Vitamin C** | \$25 • **Dermaplaning** | \$30

**Hydrafacial Booster** | \$35-\$50 • **Hydrafacial Lymphatic Drainage** | \$50 • **Hydrafacial LED** | \$100

You may choose to add-in multiple enhancements during your facial. Please let us know upon making your reservation or advise your therapist.

# NEW! HYDRAFACIALS

**HydraFacials are your new aesthetic go-to this season!** This service works wonders on all skin types, whether you're dealing with acne, starting to get those lines of wisdom on your skin, or even if you simply need a refresh. Everyone can benefit from the HydraFacial methodology which utilizes cleansing, exfoliating, pore extracting and infusions. Protect and revitalize your skin at any stage of life with deep hydration and an antioxidant formula.

While the benefits of this service are noticeable after just one treatment, the best skin-boosting results occur when treatments are given every 3-4 weeks. **Ask us about our HydraFacial packages and receive up to 50% off a service!**

Invest in your wellness today at The Spa at Massanutten, and let us **renew your spirits, and your skin**, one HydraFacial at a time.

## Hydrafacials Services

- Signature | \$195 (30 minutes)
- Deluxe | \$275 (45 minutes)
- Platinum | \$325 (60 minutes)

## Enhancements

- Boosters | \$25 - 50
- LED | \$50 - 150 (depending on level of Hydrafacial)
- Lymphatic Drain | \$25 - 50

## Throat & Decollete Firming Service

- \$120 | May be booked as a facial enhancement or stand alone service.



Please visit [massresort.com/spa](http://massresort.com/spa) for more info and Hydrafacials package specials.

# INFRARED DRY SAUNA

**\$30 for 30 minutes or \$50 per couple**

Unlike traditional saunas which use heat to warm the air/water and, in turn, your body; an infrared sauna uses light to heat your body directly without warming the air around you. Our Infrared Dry Sauna will heat up 30-100% faster than traditional rock and water saunas and can penetrate skin 40% more to maximize therapeutic benefits.

## Potential Health Benefits

- Weight loss; burn up to 500 calories in each 30-minute session
- Detoxification
- Pain relief
- Improved circulation
- Skin purification
- Muscle regeneration



# GENTLEMEN'S SERVICES

## **Men's Facial**

\$145 | 60 minutes

Customized for men's skin care needs.

Renews skin tone and texture while helping soothe and restore razor-burned skin.

## **Men's Nail Services**

Please see our natural nail care services on page 3.



# SPA PACKAGES

## **Massanutten Head-to-Toe**

\$325 | 180 minutes

Includes a Massanutten Signature Massage, Massanutten Classique Facial, and a Massanutten Pedicure.  
No substitutions.

## **Mountain Peak Renewal**

\$260 | 120 minutes

# SPA BOUTIQUE

The Spa at Massanutten offers **quality** spa products to enhance your overall health, skin, and **well-being**.

# HELPFUL INFORMATION

## **Reservations**

We recommend booking at least 1-2 weeks in advance to receive an appointment time most convenient for you. Please call 540.289.4040 to schedule your appointment. We ask that all appointments be reserved with cash or credit card. Walk-ins are accepted based on availability.

## **Check-In**

We ask that you arrive 15-20 minutes prior to your appointment to complete client forms. Service time begins when you are greeted by your service provider.

## **Cancellation Policy**

24-hour notice is required to cancel your spa appointment. A fee of 50% of your service will be charged for each cancelled service to cover the time reserved for you without at least 24 hours notice.

No show for your appointment will result in 100% of your appointment fee.  
72 hour cancellation notice is required for parties of 4 or more.

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